

# Dick Fitzgerald Two-Mile Beach Run



**Date:** Saturday August 2, 2008

**Time:** 8:00 a.m.

**Location:** North Side of Hermosa Beach Pier



**Course:** 1-mile north on soft sand to turn-around cone and return 1-mile on hard sand to finish.

**Divisions:** Men and Women, Boys & Girls: 10 & Under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 & over.

**T-Shirts:** T-Shirt sizes: S, M, L, & XL, guaranteed to all pre-registered runners (indicate size on form). A limited number of shirts will be available for race day registration – first come, first served. (Last year we ran out)

**Awards:** Medals to the 1st - 3<sup>rd</sup> place in each division

**Pre-Registration:** Mail printed forms to the address below by July 20<sup>th</sup>.

**Race Day Registration:** Begins at 7:00 AM, August 2<sup>th</sup>

**Entry Fee:** \$20, make checks payable to International Surf Festival (ISF)

**Mail Checks to:** Dick Fitzgerald ISF Beach Run c/o Renee Williams-Smith att, Mira Costa High School 1401 Artesia Blvd. Manhattan Beach, CA 90266

**Purpose:** The purpose of the run is to promote community participation. Proceeds from the run go to the Mira Costa Boy's and Girls Cross country programs.

**Results and forms can be found on our web pages at <http://www.surffestival.org>**

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### Release of Liability

Each contestant must print his or her name opposite Entrant's Name and sign opposite Signature as a release of liability. Parent or guardian must sign release for entrants under 18 years of age. In consideration of your acceptance of this entry, I, intending to be legally-bound, hereby, for myself, my heirs, executors and administrators waive and release any and all rights and claims against the County of Los Angeles and its officers and employees, the International Surf Festival, the Beach Cities Health District and other sponsors, and representatives of Chambers of Commerce and Cities staging this event, for damages on account of injuries or death resulting from my participation in this event. I understand this is an arduous event and hereby certify that I am properly conditioned. I agree to abide by the rules of the race.

Entrant's Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age \_\_\_\_\_ Male: \_\_\_\_\_ Female: \_\_\_\_\_

Parent/Guardian signature if under 18: \_\_\_\_\_

**Please circle your gender and age division:** Men and Women, Boys & Girls: 10 & Under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 & over.

**Please circle T – shirt size:**            S            M            L            XL

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